



Some people say they have experiences of being personally moved, touched, or inspired, while others say they do not have these experiences at all.

How often, if at all, do you experience the following?

Felt particularly connected to the world around you.

- ☐ At least once a day
- ☐ Almost every day
- ☐ Once or twice a week
- ☐ Once or twice a month
- ☐ A few times per year
- ☐ Once a year or less
- ☐ Never

Next