



**How often, if at all, do you experience the following?**

**Felt like you were part of something much larger than yourself.**

- ☐ At least once a day
- ☐ Almost every day
- ☐ Once or twice a week
- ☐ Once or twice a month
- ☐ A few times per year
- ☐ Once a year or less
- ☐ Never

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